

**7.1.1: Measures initiated by the Institution for the promotion of gender equity during the last five years.****Annual gender sensitization action plan****INDEX**

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7.1.1 Number of gender equity promotion programs organized by the institution year-wise during the last five years.

GVRSCET has set gender equity as one of its goal. The following are the gender equity promotion programs organized as follows.

Gender inequality in India refers to health, education, economic and political inequalities between men and women in India. Various international gender inequality indices rank India differently on each of these factors, as well as on a composite basis, and these indices are controversial.

Gender inequalities, and their social causes, impact India's sex ratio, women's health over their lifetimes, their educational attainment, and even the economic conditions too. It also prevents the institution of equal rape laws for men. Gender inequality in India is a multifaceted issue that primarily concerns women, but also affects men. When India's population is examined as a whole, women are at a disadvantage in several important ways. Although the constitution of India grants men and women equal rights, gender disparities remain.

Research shows gender discrimination mostly in favor of men in many realms including the workplace. Discrimination affects many aspects in the lives of women from career development and progress to mental health disorders. While Indian laws on rape, dowry and adultery have women's safety at heart, these highly discriminatory practices are still taking place at an alarming rate, affecting the lives of many today.



DEBATE ON GENDER EQUITY (Gender equity is the process of being fair to women and men).



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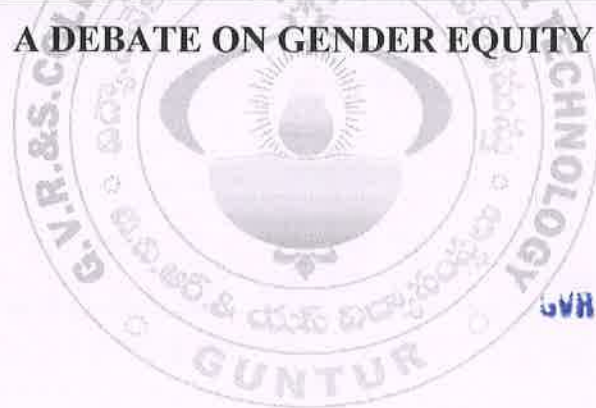
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A DEBATE ON GENDER EQUITY



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2. Self-defense and Karate Program:

In these days and ages, self-defense is one of the utmost important things. Children are now getting abused and violated as they don't have that vulnerability and ability to fight back. Self Defense is the act of defending oneself, one's property or someone else from physical harm. Self-Defense is the method by which one can protect oneself with one's own strength. It involves various techniques but the first step towards it is Fitness. Learning self-defense through fitness is of prime importance as there are tremendous power imbalance and un safety where we live to day. Self Defense has an important role in the life of women. This also tends to break the stereotype about women. Self Defense is a skill which every woman should acquire to make their own and others live safer on a daily basis or whenever the situation requires. To attain and empower the students GVRS CET conducting Karate workshop every year.

**Self-Defense and Karate training programme to train girl students for self-defense
organized by NSS at GVRSCET**



Self-Defense and Karate performed by girl students under the guidance of Karate

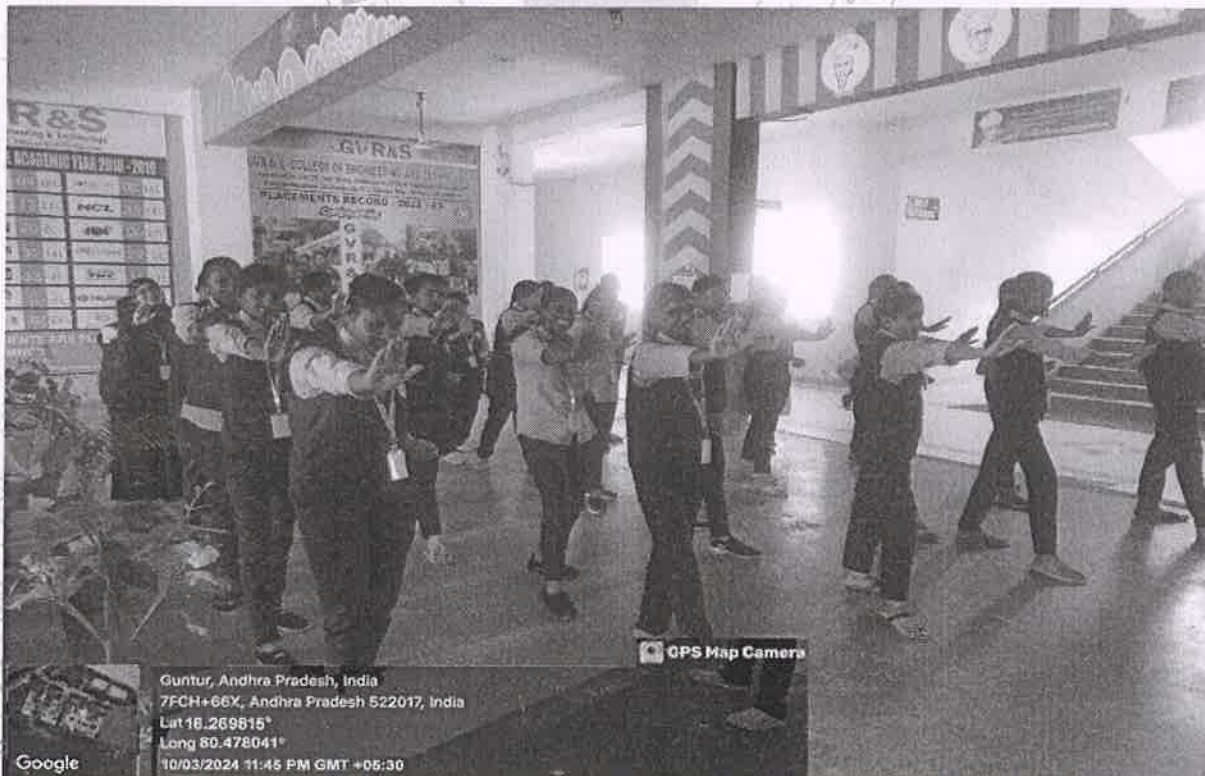
Coach

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Self-Defense and Karate performed by GVR S CET girls





3. Disha:

Disha SOS is a free **Android** app developed by **Andhra Pradesh Police** for ensuring the safety and location of women and citizens in emergency situations. The app is integrated with needful information like nearby safety places, police stations, hospitals, and useful contacts. It also contains a tracking safety feature for every user that can be used in emergency situations. **Disha SOS** also provides phone numbers that can be dialed to get emergency help and support. The app also includes links like Helpline Numbers. The government of **Andhra Pradesh** hopes that this app will make women and citizens safer and reduce the crime rate.

Disha SOS is a valuable safety app that provides a sense of security for women and citizens in **Andhra Pradesh**. It has an easy-to-use interface and provides access to important information and emergency services. The tracking safety feature is particularly useful in emergency situations, allowing users to send their location to emergency contacts. The app also provides access to useful contacts like police stations and hospitals. Overall, Disha SOS is an essential app for anyone living in **Andhra Pradesh** who wants to feel safe and secure.



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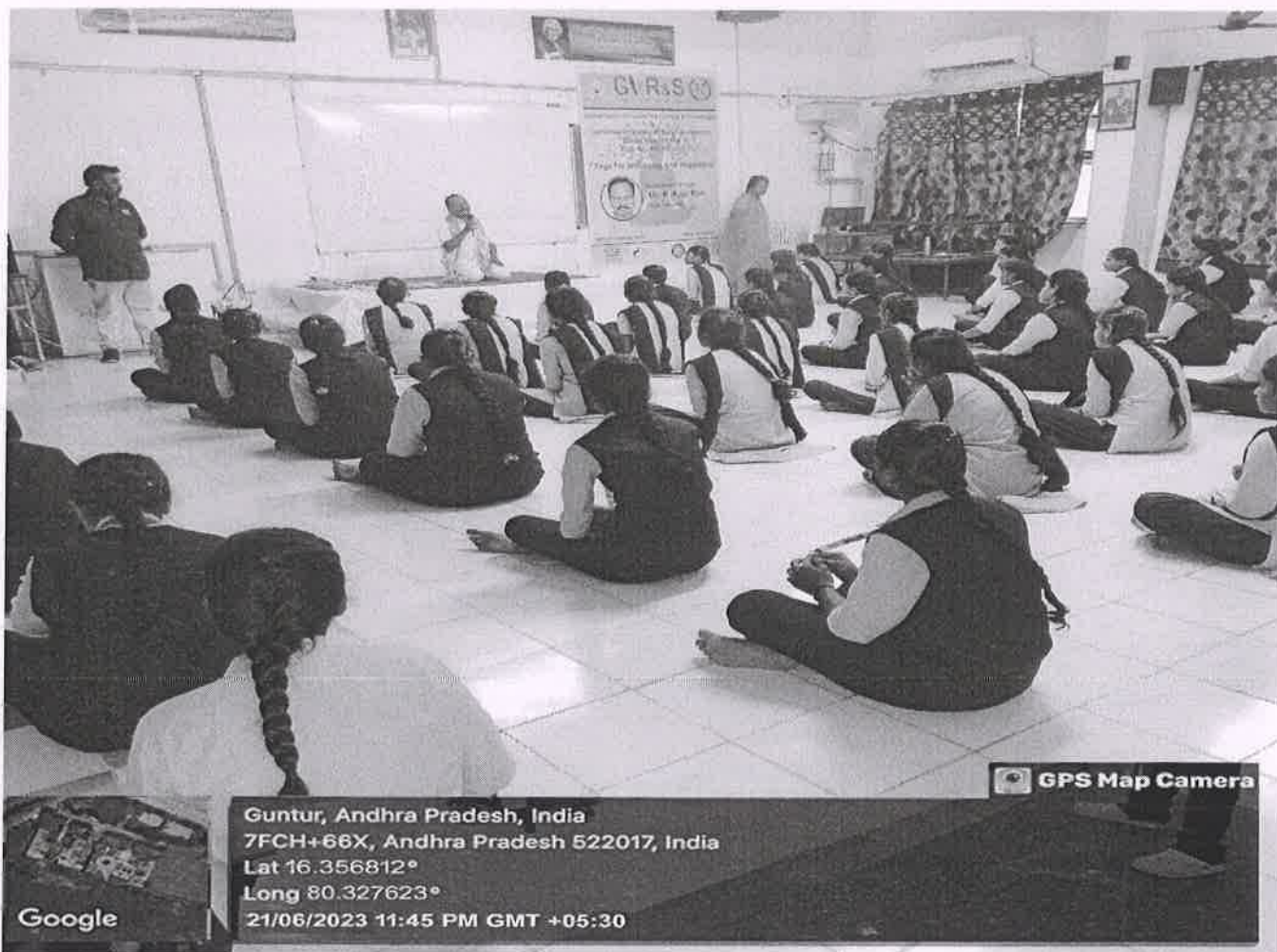
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4. Yoga

Yoga is a mind and body practice. Various styles of yoga combine physical postures, breathing techniques, and meditation or relaxation. Yoga is an ancient practice that involves physical poses, concentration, and deep breathing. Yoga offers flexibility to the body and relaxation to the mind. There are different asanas as practiced by people, and each asana has its benefits on the mind and body. Yoga is designed to sharpen our minds and to improve our intelligence. Regular practice of yoga can help in controlling our emotions and promote well-being.



GVRSCET conducting Yoga sessions to improve girl student's will-power to achieve their goals easily.

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Yoga performed by girl students in GVRS CET campus



5. Sports

Sport has the power to change lives. The ability to drive gender equality by teaching women and girls teamwork, self-reliance, resilience and confidence. Women in sport defy gender stereotypes and social norms; make inspiring role models, and show men and women as equals. Helps maintain healthy bones, muscles, and joints. Helps control weight, build lean muscle, and reduce body fat

GVRS CET's sports club play a significant role in helping the girl students improve their sports and physical fitness. GVRS CET conducting common sports remove the barrier between gender.


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GVRs CET conducted Sports for the faculty for AY 2017-2018



GVRs CET conducted Sports for the faculty for AY 2018-2019

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GVRS CET organized Sports for the faculty & girl students for AY 2020-2021



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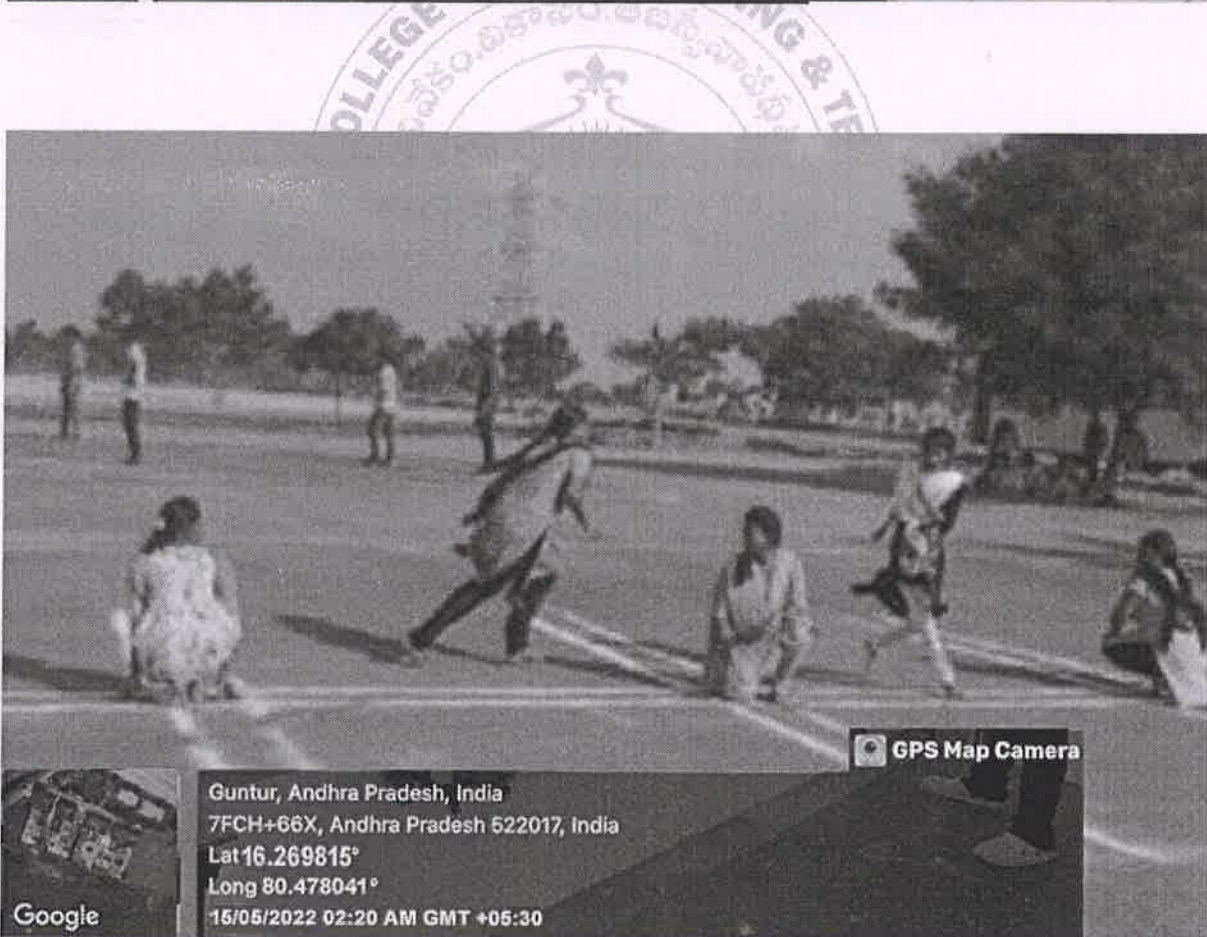


GVRs CET organized Sports for the faculty for AY 2021-2022

6. Rangoli Competition:

Keeping in view to students appetite for activities apart from academics, we keep them occupied with various extra-curricular cultural Activities like Rangoli Competition. Rangoli Competition is organized in the institution to enhance creativity and unleash the hidden potential of the students. Students made Rangolis and presented beautiful designs.






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7. Women Welfare committee

The main objective of the committee is to motivate, empower women and secure feminine gender. It aims to prevent sexual harassment and to promote general well-being of female students, teaching and non-teaching women staff of the college. Women Welfare committee has organized seminars on Women Welfare Laws, women trafficking, violence at home, self development.



Women Empowerment and social responsibilities in gender perspective.

8. International women's day:

International Women's Day is an occasion to celebrate the progress made towards achieving gender equality and women's empowerment but also to critically reflect on those accomplishments and strive for a greater momentum towards gender equality worldwide. GVRSCET celebrates International Women's Day to empower women with motivational talk on self confidence, decision making and their rights in all aspects.


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Women's Day Celebration on 8/03/2022



Guntur, Andhra Pradesh, India
7FCH+66X, Andhra Pradesh 522017, India
Lat 16.269816°
Long 80.478041°
08/03/2022 03:26 PM GMT +05:30

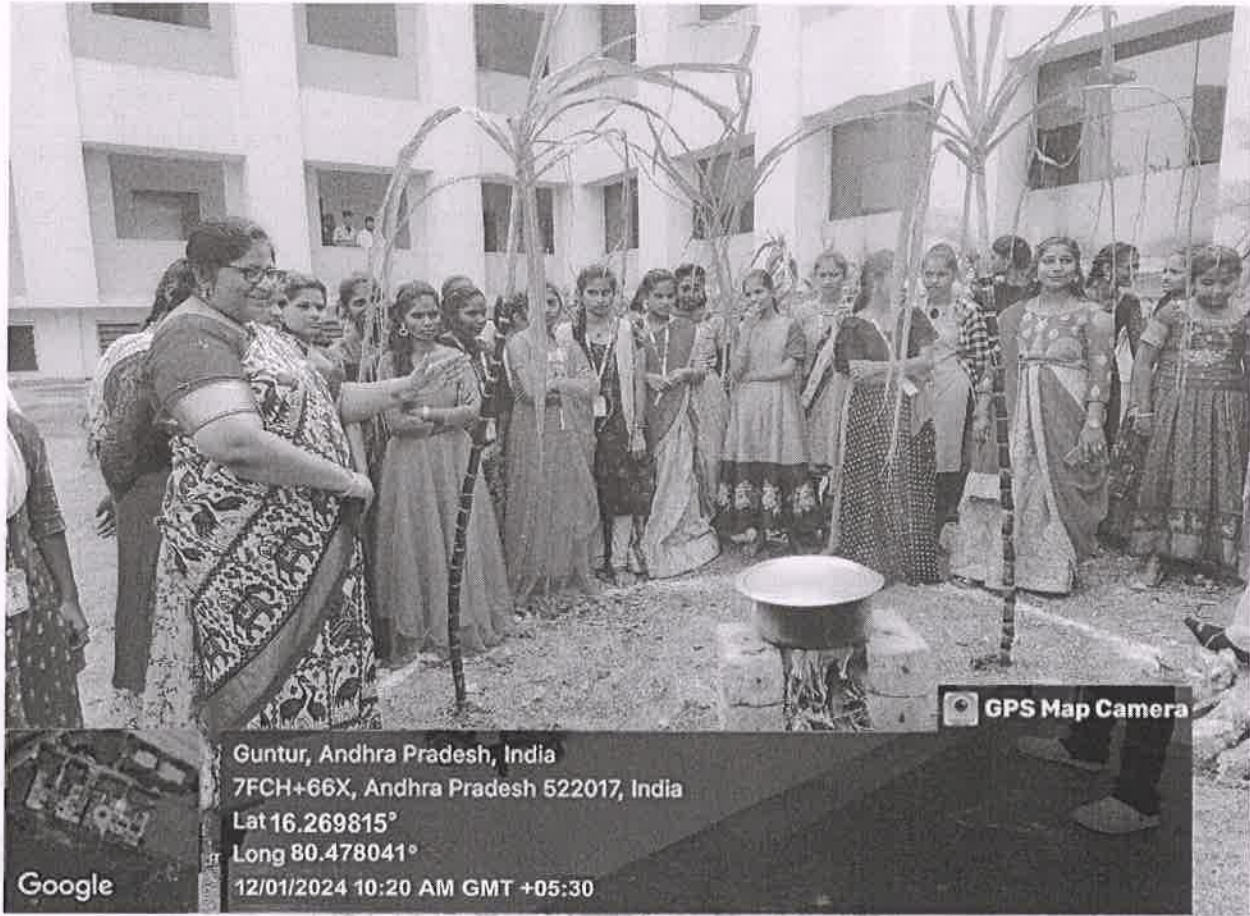
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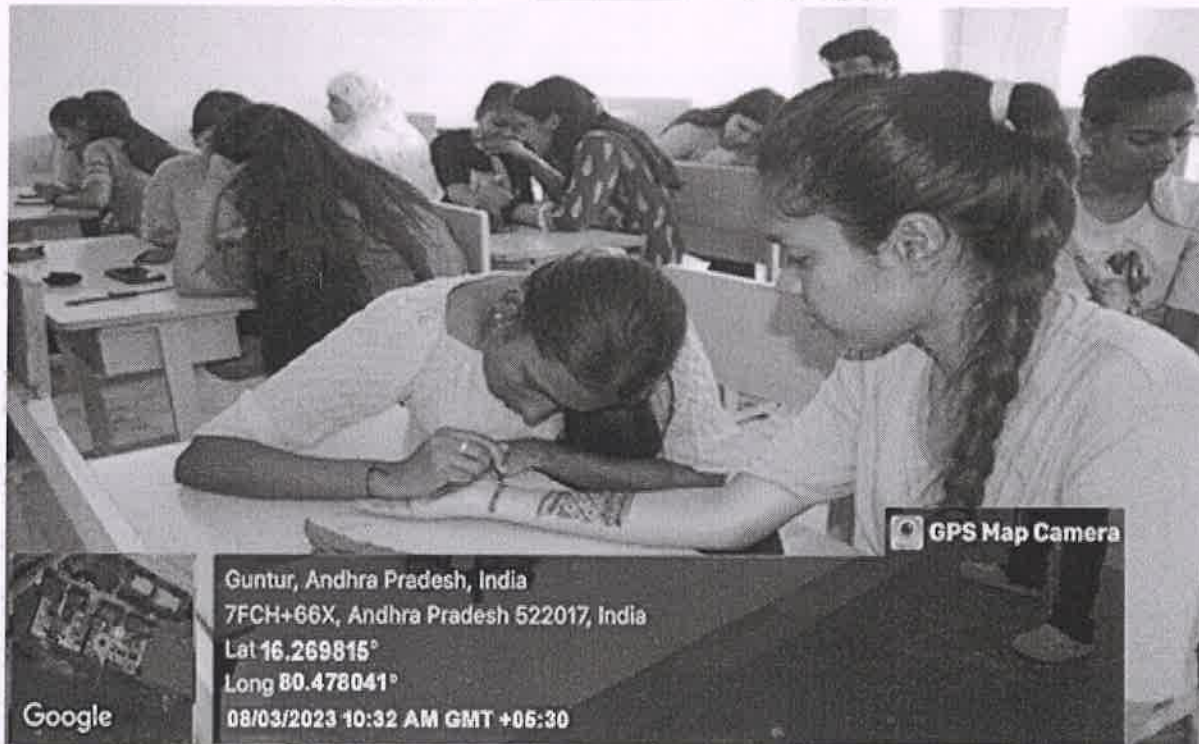


9. Sankranthi Celebrations:





10. Mehendi Competition:



**1. Annual Gender Sensitization Action Plan for last five years.****2018 – 2019 TO 2022-2023****2022-2023**

S.NO	EVENT	Date
1	Yoga Day	21-06-2022
2	Gender Equity	12-09-2022
3	Bathukamma	24-09-2022
4	Self defense and Karate Programme	15-10-2022
5	Disha	19/11/2022
6	Women Empowerment	03-01-2023
7	Rangoli competition	10-01-2023
8	International Women's Day 2023	08-03-2023
9	Mehendi Celebrations	06-04-2023
10	Self-Development	08-04-2023

2021-2022

S.NO	EVENT	Date
1	Yoga Day	21-06-2021
2	Gender Equity	13-09-2021
3	Self defense and Karate Programme	04-10-2021
4	Bhathukamma celebrations	12-10-2021
5	Faculty Sports Day	31-10-2021
6	Disha	22-11-2021
7	Self-Development	10-12-2021
8	Women Empowerment	03-01-2022
9	Rangoli competition	07-01-2022
10	International Women's Day 2021	08-03-2022
11	Mehendi Celebrations	06-04-2022


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**2020-2021**

S.NO	EVENT	Date
1	Gender Equity	04-09-2020
2	Self Development	19-12-2020
3	Women Empowerment	04-01-2021
4	Rangoli competition	12-01-2021
5	Mehendi Celebrations	06-03-2021
6	International Women's Day 2021	08-03-2021

2019-2020

S.NO	EVENT	Date
1	Gender Equity	10-07-2019
2	Self defense and Karate Programme	20-07-2019
3	Yoga Day	21-06-2019
4	Bhathukamma celebrations	05-10-2019
5	Faculty Sports Day	08-11-2019
6	Self-Development	24-12-2019
7	Rangoli competition	10-01-2020
8	Mehendi Celebrations	06-03-2020
9	International Women's Day 2021	07-03-2020

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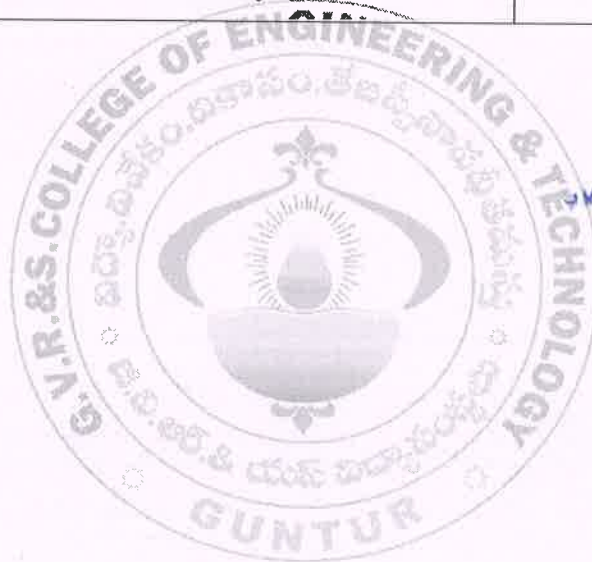
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2018-2019

S.NO	EVENT	Date
1	Yoga Day	21-06-2018
2	Gender Equity	25-07-2018
4	Sankranti celebrations	12-10-2018
5	Rangoli competition	11-01-2019
6	Faculty Sports Day	08-02-2019
7	Self Development	31-01-2019
8	Mehendi Celebrations	07-03-2019
9	International Women's Day	08-03-2019



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